CERTIFICATION AS A SOMATIC THERAPHIST

HEARTH – 1-YEAR FEMININE EMBODIMENT & SACRED SEXUALITY TRAINING WITH GRACE HAZEL

A year-long journey into the depths of feminine embodiment, sacred sexuality, and the remembrance of womb wisdom. This training guided me through initiations around body sovereignty, energetic boundaries, trauma-informed facilitation, and cyclical living.

Through ritual, somatic practices, and sacred ceremony, I learned to hold space for others to reconnect with their sensual essence, release shame, and awaken their inner healer. HEARTH has been a powerful container for integrating both the mystical and the practical, weaving the wisdom of the womb with grounded embodiment tools.



A WORD FROM MY MENTOR:

"Eva is a deeply feeling, wild-hearted firecracker. What an absolute pleasure it is to sit in her presence and soak up her brazen, spirited way of being woman. Over the time I've known Eva, I've witnessed her master the art of moving through her own process of sexual healing and awakening, and I've also seen her hold that same depth and devotion for those she leads as a practitioner.

Eva has a rare gift: she can take you deep into the heart of yourself while being such a pure vessel of love that you emerge glowing, radiant, and more connected to the truth of who you are. For anyone who has the privilege of working with her, know that Eva is strongspined and soft-hearted, with a pussy rooted firmly in the earth and a mind that communes with the cosmos. »